



The Kano Society Bulletin



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Contents

- Katsuhiko Kashiwazaki's Coaching Evening at The *Budokwai* – 9 October 2023, by David Finch
- Celebrating British Judo Personalities – Part I, by Stephanie Leigh
- Jean-Luc Rougé promoted to IJF 10th Dan, by Llyr Jones
- Treading the Way: The Contribution of Judo Education to Life – Mike Callan's Inaugural Professorial Lecture, by Llyr Jones
- Points to Ponder
- Judo Collections

In This Edition

The well-illustrated lead article in this *Bulletin* written by David Finch, covers a special evening at The *Budokwai*, where World Champions Katsuhiko Kashiwazaki and Masashi Ebinuma, from Japan, led the practice. Stephanie Leigh also contributes to this issue with a profile on some of British judo's most influential figures. Further noteworthy contributions include two pieces by Llyr Jones. The first article highlights the recent promotion of 1975 light-heavyweight World Champion, Jean-Luc Rougé, to 10th dan by the International Judo Federation, while the second reports on Mike Callan's inaugural Professorial Lecture at the University of Hertfordshire.

Editor's Comments

I am pleased to present this newest edition of The *Bulletin*, with content I believe will capture your interest. The Society extends its sincere congratulations to former World Champions Jean-Luc Rougé and Nicola Fairbrother on their promotions to 10th dan and 8th dan respectively. Finally, we extend wishes for a peaceful and prosperous 2024 to all our readers.

Contributions

The backbone of the Kano Society's activities is this online publication. We welcome contributions in the form of articles or photographs etc. to "The *Bulletin*".

Dr Llyr Jones

Katsuhiko Kashiwazaki's Coaching Evening at The *Budokwai* – 9 October 2023 David Finch



Two Japanese judo legends, 1981 World Champion, Katsuhiko Kashiwazaki, 72, and triple World champion and twice Olympic medallist, Masashi Ebinuma, 33, prepare for the "Kashiwazaki Evening" of instruction as the one hundred plus judoka begin to fill the dojo at The *Budokwai* Judo Club, Chelsea, London on 9 October 2023

On 9 October 2023 The *Budokwai* was privileged to have 1981 World Champion, Katsuhiko Kashiwazaki of Japan, 72, return to the club to give some instruction to more than one hundred club members and friends. His stay in the United Kingdom (UK) was at the request of the Goole Judo Club in Yorkshire and Humberside, who also facilitated his trip to London.

At The *Budokwai* Kashiwazaki was accompanied by his fellow countryman, triple World Champion and twice Olympic bronze medallist, Masashi Ebinuma, 33, who came to the UK in 2022 and currently coaches at the Camberley Judo Club.

Kashiwazaki's coaching session began with his demonstration of variations of *to-moe-nage* [whirl throw] on Ebinuma and was followed by displays of *uki-waza* [floating technique] along with chokes on Ebinuma. Ebinuma also contributed with his displays of *sumi-otoshi* [corner drop throw] and *seoi-nage* [back-carry throw]. Because the *dojo* was so full Kashiwazaki and Ebinuma's later personal coaching assistance was restricted to groundwork for safety reasons because of the extraordinary numbers present.

Katsuhiko Kashiwazaki has a long history of association with The *Budokwai* and the United Kingdom. His first *time* at The *Budokwai* was in 1983 and 1984. He came with his wife, Sumiko, and stayed at Dr Diana Birch's Crystal Palace, London house.



Katsuhiko Kashiwazaki and Masashi Ebinuma demonstrate the side sacrifice whirl-throw [*yoko tomoe-nage*] during the "Kashiwazaki Evening" coaching session



Katsuhiko Kashiwazaki and Masashi Ebinuma demonstrate the sacrifice throw - floating technique [*uki waza*] during the "Kashiwazaki Evening" coaching session



Katsuhiko Kashiwazaki demonstrates a major inner-reaping-throw [*o-uchi-gari*] on Olympic Silver medallist Ray Stevens during the "Kashiwazaki Evening" coaching session

During Kashiwazaki's stay in London, he worked with one of Britain's most famous photographers, the late Terence Donovan (1936-1996), who was a member of The *Budokwai* and produced the lavishly illustrated book, *Fighting Judo*, published by Pelham Books in 1985.



Fighting Judo by Katsuhiko Kashiwazaki with photographs by Terence Donovan Pelham Books (1985)

While in the UK he took driving lessons and passed his driving test to hold a British driving licence that was valid in Japan. Before he and Sumiko returned to Japan in 1984 they both learnt how to parachute-jump at Headcorn Aerodrome in Kent with other *Budokwai* members.



Masashi Ebinuma demonstrates the corner-drop throw [*sumi-otoshi*] on Kohta Nishizono during the "Kashiwazaki Evening" coaching session

Kashiwazaki also wrote books with *judo* author and scholar, Nicolas Soames, about his *judo* techniques that were published by Ippon Books. The photo shoots for the three books were in Japan and Belgium where he was coach to the Belgium *judo* team in 1990.

The evening concluded with a group picture, with everybody pleased to meet the World champions and their excellent displays and personal coaching.



Masashi Ebinuma demonstrates a back-carry throw [seoi-nage] on Katsuhiko Kashiwazaki during the “Kashiwazaki Evening” coaching session



Katsuhiko Kashiwazaki explains a move to Masashi Ebinuma during the “Kashiwazaki Evening” coaching session



Masashi Ebinuma grips up with Ray Stevens ready for a practice during the “Kashiwazaki Evening” coaching session



Groundwork randori underway under the supervision of Katsuhiko Kashiwazaki and Masashi Ebinuma during the “Kashiwazaki Evening” coaching session



Katsuhiko Kashiwazaki demonstrates a hold and strangle [osaekomi-waza + shime-waza] on Masashi Ebinuma during the “Kashiwazaki Evening” coaching session



More than 100 Budokwai members and friends gather together for the group photograph after the “Kashiwazaki Evening” coaching session

All judo photographs by David Finch (c)

Celebrating British Judo Personalities – Part I

Stephanie Leigh

Malcom (Mac) Abbotts



Mac Abbotts

When Wolverhampton Judo Club folded in 1966, Malcom (Mac) Abbotts co-founded the new club. In 1974, he took up a post as full-time *judo* instructor in the Wolverhampton schools, giving him the opportunity to watch for promising young players and to encourage them to train on a regular basis. By the mid 1970s, Wolverhampton players were dominating most of the junior championships and by the end of the decade they were winning medals at every British Senior Open up to and including 1992. The 1980s were virtually dominated by Wolverhampton Judo Club with players winning medals in most of the major international championships including the Olympic Games, the World Championships, the European Championships, and the Commonwealth Games. In 1984 and 1988, three and four players respectively, out of the seven-man Great Britain (GBR) Olympic teams were from Wolverhampton, with a bronze won on each occasion – Kerrith Brown (1984) and Dennis Stewart (1988). Mac's list of coaching achievements is legendary, and too great to list here but his students include Elvis Gordon, Dennis Stewart, Kerrith Brown, Densign White, John Swatman, Owen Pinnock, Fitzroy Davies and Gavin Davies. He was Team GB Coach at the 1988 and 2004 Olympics. If you could bottle what Mac had, it would be worth a fortune in today's money! Mac served on the British Judo Association (BJA) Board of Directors from 2007 to 2014 and on multiple commissions over the years. He holds the grade of 6th *dan*.

Richard Barraclough



Richard Barraclough

Richard Barraclough started *judo* aged 16 and got his 1st *dan* at The *Budokwai* two years later. While at college he was in the North East team when they won the National Team Championships in 1963 and had his first British selection the same year. He represented GBR multiple times including at the 1965 World Judo Championships in Rio De Janeiro. Richard was also a fantastic wrestler, winning many accolades including (in just one year) the British Freestyle Championships, the British Greco-Roman Championships, and the British Judo Trials. He represented England in wrestling at the 1970 Commonwealth Games and he represented GBR in Freestyle Wrestling at the Munich Olympics in 1972. Richard also won many medals in Sambo wrestling, including two World bronzes (1973 and 1975) and a European bronze (1972). Richard is currently an 8th *dan*, Vice President of the BJA and President of the North West Area.

Richard (Dicky) Bowen



Richard Bowen

Richard (Dicky) Bowen started *judo* at The *Budokwai* at the end of the 1940s training under Koizumi, Sekine, and Leggett. He represented GBR at the first ever World Championships held in 1956 in Japan, staying there for some years

and training as a special student at the *Kodokan*. He returned as a 4th *dan* and brought his Japanese wife back to the UK with him. Dicky served the BJA for decades in various roles including Chairman of the Technical Committee, and he sponsored *judo* events at the Albert Hall. Dicky is well known, and celebrated, for his extensive research into British *judo* and his lifetime collection of *judo*-related material, from minutes and journals to posters and programmes. The *Bowen Collection* resides at Bath University and can be viewed by appointment. He authored or contributed to numerous articles on *judo* and wrote two notable books – the impressive two-volume work titled *100 Years of Judo in Great Britain*, and the concise, well-illustrated book *Judo*, co-authored with the late emeritus Professor Malcolm Hodgkinson. Dicky was a traditionalist and was extremely particular about the correctness of techniques, etiquette, and the moral side of *judo* teachings. He also declined promotions from the BJA, preferring to keep his *Kodokan*-awarded grade of 4th *dan*. Dicky founded the Kano Society and was Vice-President of The *Budokwai*. He died in 2005 aged 79 years old.

George Chew and Eric Dominy



George Chew and Eric Dominy

The *judo* stories of George Chew and Eric Dominy are intrinsically linked. In World War II Eric found himself in the Prisoner of War camp, Stalag 383. He was in a cell adjoining that of Percy Sekine who started a *judo* club in the camp which Eric joined, where they recycled mailbags to make *judogi* jackets. Percy was transferred out of the camp and the other men continued to train until a shortage of food and a sport ban drove Eric to escape. Back in London, Eric joined The *Budokwai* and there he met George, who had returned from India, where he had been a parachute instructor. George had started *judo* at The *Budokwai* in 1936. The *Budokwai* membership was boosted at the end of the War by returning servicemen, and Gunji Koizumi suggested that George and Eric form an overflow club. The club, founded in 1946, was originally called the South London Judo Society (they later dropped the South) and Koizumi was the first President. George and Eric ran the club together for forty years. Originally it was a Police club, but visitors could pay a sixpence *dojo* fee to practice. In those early days, *judogi* were made out of ex-Navy hammocks and miners' pit pants because nothing was being imported from Japan. In 1955 George and Eric invited the high-ranking Japanese teacher

Kenshiro Abbe to become their chief instructor. This decision had an immeasurable impact on British *judo*. Later they also welcomed Senta Yamada. George and Eric organised the inimitable annual *judo* displays at the Royal Albert Hall, and later Crystal Palace. They were both members of the British team and for a time George was British Team Manager. Their club produced many champions, British Team members and Olympians including Brian Jacks. Over time they became disillusioned with competitive *judo* and proudly ran the LJS as a social club. The gradings they ran for decades were legendary though and many judoka have stories of *dan* gradings at the LJS, taking all day in a freezing dojo, and being put through their paces by the likes of Mr Chew, Mr Dominy or Syd Hoare. Eric wrote several well-respected *judo* books and was a 5th *dan* when he died in 1992. George was a 6th *dan* and emigrated to Australia in 1985.

Colin Draycott



Dr Colin Draycott

Dr Colin Draycott PhD started *judo* in 1955. He was five times a national medallist, a 1964 Olympic trialist and a medallist in the World Masters Championships in Japan. Over several decades he has had a profoundly positive influence on the development of British *judo*, devoting much of his life to coaching, sponsoring, and mentoring individual players. He helped to form and finance the Kendal Centre of Excellence – home for 24 full time *judo* players at any one time, many of whom went on to become Olympians and World medallists. It is not an exaggeration to say that Colin saved the BJA when it was in absolute financial dire straits in the eighties. Currently, Colin (who has an earned doctorate in civil engineering) is a 9th *dan*, Senior Vice President of the BJA, Patron of the British *Judo* Trust, Director of the International *Judo* Federation (IJF) Ethics Commission and Sport Director of the IJF Veterans Commission. Colin's autobiography – *The Path*, or in full *The Path – My Journey Over Professor Kano's Path for the past 67 Years*, provides a wide-ranging and personal perspective on *judo* in a broad context, and is unhesitatingly recommended.

Phyllis Elliott



Dr Phyllis Elliott (presenting the trophy)

Dr Phyllis Elliott, MB, ChB was Honorary Medical Officer for the BJA, accompanying the British Team to events including several Olympics, alongside Dr Ken Kingsbury. She worked in the Physiology Department at Sheffield University and wrote many articles about *judo* injuries. Dr Elliott was for many years the National *Dan* Grade Registrar, keeping in her own home the most impeccable filing system in which all the *dan* grades and their points were recorded. She was a 4th *dan* herself, assisting the likes of Cliff Baker-Brown and Ellen Cobb with their memorable courses, training sessions and summer schools. She was strong in *randori* and *shiai*, and skilful at *kata*, she supported college and university judo and was universally respected and loved. Dr Elliott died in 1992 and was posthumously awarded the grade of 6th *dan*.

Christine Gallie (née Child)



Christine Gallie (née Child)

Christine Gallie, née Child started *judo* at the age of 15 in a village near High Wycombe. She later transferred to The Budokwai and was the first woman to train in The Budokwai

men's elite class. Part of a special group of British ladies who paved the way for so many who followed, she was GBR's first female 5th and 6th *dan*. Chris was European Champion twice (1974 and 1975) and six times British Open Champion. She won many continental medals including golds in the International Swiss Cup, the German Open and the Italian Open. She was also a British Kata Champion. After retiring from competitive judo, Chris became a Senior Examiner, *Budokwai* Ladies Instructor, British Ladies Team Coach and Assistant General Secretary of the BJA. Chris was arguably GB's most famous female *judoka* in the wider world. Known as 'Cyd Child' she was a stunt double for Diana Rigg on *The Avengers* television series, fight coordinator on *The New Avengers* and Joanna Lumley's stunt double and personal trainer. She was a stunt woman on film franchises including *James Bond*, *Superman* and *The Pink Panther*, as well as television classics like *The Goodies*, *Space: 1999* and *UFO*. Today, Chris is a 7th *dan* and her book "*Judo, The Avengers and Me*" is much recommended.

Syd Hoare



Syd Hoare

Syd Hoare started *judo* at The Budokwai in 1954 when he was 15 years old, studying mainly with T.P. Leggett and becoming, at that time, Britain's youngest *dan* grade the following year. He went to study in Japan in 1961 and returned to Britain for the 1964 Olympic Trials, winning every contest in a huge weight category and securing himself a place in GBR's first Olympic *judo* team. He was a British International from 1957 and won a European silver medal in the Open weight category in 1965, despite being only a middleweight, losing the final to the 6'7" West German Alfred Meier. Syd took over the LJS from George Chew and Eric Dominy, subsequently selling the building to developers and returning to The Budokwai as Chief Instructor and Chairman. He was a National Coach, a Senior Examiner and served a term as Chairman of the BJA. Syd was also influential in the *sumo* world, chairing British *Sumo* and commenting on the Grand Sumo Tournaments for the Channel 4 TV highlights. He

wrote several *judo* books, and as well as being a TV commentator for various martial arts, even had a few TV and film roles. Perhaps his most well-known book is *A Slow Boat to Yokohama*, based on his life as a young *judoka*, detailing his journey to Japan and his experience of competing at the Olympics. He greatly respected *judo*'s link to eastern philosophy, gaining a degree in Japanese history, language, literature, and religion, and speaking fluent Japanese. Endless anecdotes I will recall describe how hard a practice Syd was, how strict his gradings were, and what a character he was, with many quotes being remembered by people decades later. Syd Hoare died in 2017 after a long illness. He was an 8th *dan*.

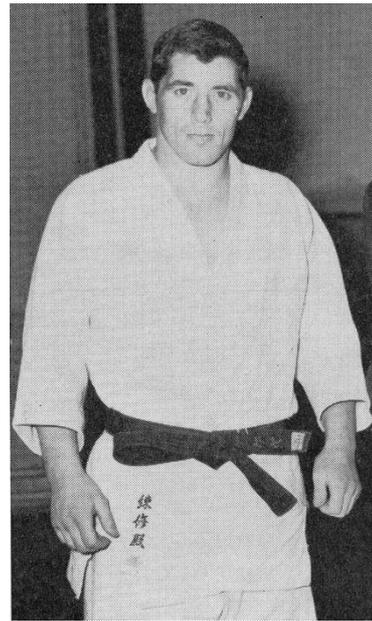
Brian Jacks



Brian Jacks

Brian Jacks started *judo* when he was 9 years old at the LJS, and within five years he was British Junior Champion. He went to Japan when he was just 15 years old and was awarded his 1st *dan* by the *Kodokan* before he turned 16. Brian returned to Britain for the 1964 Olympic Trials, earning a place in the first Olympic *judo* team when he was 17. In 1967 he was Britain's first world medallist, winning bronze in Salt Lake City and was twice European Champion (1970 and 1973). He was part of GBR's triple medal winning Olympic team in Munich in 1972, taking a bronze medal. A three-time Olympian, Brian also competed for GBR in Montreal in 1976. He was a British international for many years, winning multiple national and continental medals. Brian was one of *judo*'s most flamboyant characters both on and off the mat, with an intense focus on being the absolute best at everything he did. He is arguably Britain's most famous *judoka* outside the *judo* world, due to his massively successful record in the multi-sport TV programme *Superstars*. Competing against elite athletes from multiple disciplines, Brian won events as diverse as kayaking, cycling, shooting, and weightlifting across several years, winning four titles and setting records for the dips and squat-thrusts, completing 100 dips in one minute and 118 squat-thrusts, also in one minute. During this period, British *judo* enjoyed a massive surge in popularity, with clubs full of enthusiastic children who had seen Brian on TV. Brian continued to teach *judo* after his competitive retirement and using his entrepreneurial flair he had several other business ventures before moving to Thailand where he runs an apartment complex, plays golf and enjoys the sunshine. He is a BJA 8th *dan*.

George Kerr



George Kerr

George Kerr started *judo* in 1950 and by 1955 he was the then youngest black belt in GBR. He fought for Scotland in an event in London and was noticed by Trevor (T.P.) Leggett, resulting in him moving to The *Budokwai* for special instruction. This path ultimately led to George going to train in Japan for four years where he was a special student at the *Kodokan Judo* Institute. George represented GBR 130 times between 1956 and 1968 and was Team Captain for seven years. He competed in four World Championships and won five European medals. As an international referee, George refereed at the Olympics in Munich and Montreal and was the first Briton to referee three finals. He was the first British coach to produce a *judo* Olympic Gold medallist (for Austria), topping this achievement at Seoul by producing a double consecutive Olympic Gold Medallist. The modern techniques and training, and best aspects of traditional practice, behind these successes are described in George's co-authored book *Modern Judo – Techniques of East and West*. George is a former Chairman and President of the BJA and has served on numerous national and international commissions. Currently, he is Britain's only 10th *dan* having been promoted to this grade in 2010. George is also a CBE, and President Emeritus of *Judo* Scotland. He has the Order of the Rising sun with gold rays from the Emperor of Japan, an honorary doctorate from Heriot Watt University, and is a recipient of the Edinburgh Award which saw his hands immortalised in the paving slabs at the Edinburgh city chambers. George details his *judo* journey in *My Journey to the Tenth Dan*, co-authored with Eddie Ferrie.

Trevor Pryce (T.P.) Leggett



T.P Leggett

Trevor Pryce (T.P.) Leggett was born in 1914. He trained in *judo* at The *Budokwai* under Yukio Tani, progressing through the ranks to 3rd *dan*. He went to Japan in 1939 and his 4th, 5th and 6th *dan* grades were awarded by the *Kodokan*. T.P. was attached to the British Embassy in Tokyo when Japan joined World War II, and although interned with his British colleagues, he still managed to train in *judo* with his Japanese guards. After the War, T.P. started teaching *judo* at The *Budokwai*, later becoming a senior instructor. He ran a gruelling Sunday class with attendance by invitation only, for brown belts or above. Many of Britain's most well-known *judo* figures came through this class. T.P. famously held an annual "resuscitation class" where students would take turns strangling their partners to unconsciousness, and then reviving them under his supervision! During the 1950s, he helped 16 British judoka travel to Japan to advance their training, and also arranged for Japanese *judoka* to visit the UK. T.P. founded the *Renshuden* in 1959, a dojo focussing on training for competitive *judo*, which was then becoming increasingly important. He was for 24 years head of the BBC Japanese Service, broadcasting in Japanese to Japan twice a day. He translated and wrote many books about *judo*, *budo*, Eastern philosophy, *shogi* (Japanese chess) and *Zen Buddhism*. He also translated a Sanskrit text from AD700 (which took him 17 years). T.P. Leggett was awarded the Order of the Sacred Treasure 3rd Class (gold rays with neck ribbon), by the Japanese government for his services in introducing Japanese culture to the UK and the All-Japan Buddhist Association Literary Award for Translations of Japanese. Trevor Pryce Leggett died in 2000 aged 85. Syd Hoare described him as "far and away the best teacher I have come across" and wrote "It is no exaggeration to say that one of the great figures of world Judo has passed away".

Michael (Mick) Leigh



Michael Leigh

Michael (Mick) Leigh started *judo* in 1955 at the London *Judo* Society and later joined the *Renshuden*. He represented England and GBR in *judo* and three styles of wrestling and was a GBR reserve for the 1964 Tokyo Olympics. Michael moved to Sussex in 1965 where he founded several successful clubs and was a founder member of the Southern Area. He served two terms as BJA Chairman and was an IJF (B) referee, Honorary National Coach, Senior Examiner and worked for the European *Judo* Union (EJU) on their Olympic Solidarity Coaching programme. He has been incredibly innovative, responsible for setting up the *Kata* Working Party (now *Kata* Commission), the National Veterans Championships (now Masters Championships), the Self-Defence system, the *Kai* system for U8s (Kano Club) and the Special Needs Working Party (now Inclusion Commission). Michael was promoted to IJF 9th *dan* in 2023 and is currently a Vice President of the BJA, as well as President of the Southern Area.

Tony MacConnell



Tony MacConnell

Tony MacConnell was a British International in the sixties and seventies and Team Captain on many occasions. He won two British Open titles and a European bronze medal, and he represented GB in the World Championships. He was for a time the Swedish Team Manager and Coach and was

the first British Women's Team Coach alongside Liz Viney who was the Manager. Most famously he was British Team Manager alongside David Starbrook, coaching the British Men's Team at two Olympics and supporting the development of many *judoka* including Neil Adams. Later, Tony was one of the founders of the world-famous Kendal *Judo* Centre, considered to be among the best judo training facility in Europe, and responsible for producing top class players including Olympic bronze medallist Neil Eckersley. The training regime famously included fell running, canoeing, and caving in all weathers, and was very tough. Tony MacConnell was often described a "*hard man on the mat, but a kind and supportive friend off it*". He died in 2019 aged 79.

Jean McNaughton



Jean Mc Naughton

Jean McNaughton was a member and coach at Croydon *Judo* Club. She started *judo* with her children, rising through the grades to 4th *dan*. From the 1970s onwards, Jean was involved in organising competitions from club up to international level. She led the organising teams that ran European and World Championships in Great Britain, ending with the Manchester Commonwealth Games in 2002. A core memory for so many must be Jean in the "*glass box*" at Crystal Palace and her voice on the public address system. Jean was always particularly kind and patient to junior contestant when they went to ask her when they would be fighting or if they were finished for the day. Jean died in 2016, leaving a huge legacy. In her obituary the BJA noted "*All of the top competition organisers and technical officials we have today were either trained by Jean or were trained by people who themselves were trained by Jean.*"

Charles Palmer



Charles Palmer

Charles Palmer started *judo* in 1944 at Ealing *Judo* Club, later joining The *Budokwai*, studying under Gunji Koizumi and Trevor Leggett. As a 2nd *dan*, in the early 1950s he studied at the *Kodokan* as a special student, also working as a security guard at the British Embassy in Tokyo. He returned to the UK in 1955, was a member of the British teams that won the European Team Championships for three consecutive years (1957, 1958, 1959) and was Captain for the last two of those years. For 24 years, from 1961, he was Chairman of the BJA, winning an election every four years. He was President of the IJF for 14 years from 1965 and was extremely influential during this period, campaigning hard to get *judo* into the 1972 Olympics after it had been omitted in 1968. When he stepped down from this position, he was made an Honorary President of the IJF. Charlie was Chairman of the British Olympic Association from 1985 to 1989 and was awarded an OBE in 1973. In 1996 he was promoted to IJF 10th *dan*, becoming the first Briton to be awarded *judo*'s highest grade. Charlie was one of *judo*'s real characters and anyone who knew him will have stories to tell. He loved driving fast cars, he smoked fat cigars and had a low, gravelly voice. He loved to have a bet. Mick Leigh once told Charlie he could lose a stone in a week. Charlie said – no way, I'll give you some decent odds on that. They secured the bet with a handshake, Mick weighed in at Charlie's flat and went back a week later to prove he had lost the weight! Charlie did of course pay up. Charles Palmer died in 2001, aged 71.

Alan Petherbridge (Peth)



Alan Petherbridge

Alan Petherbridge (Peth) started *judo* in 1945 in Germany while he was in the Army. He founded the Samurai Club in Wales and pioneered Welsh *Judo* – being the first Welshman to achieve 1st *dan*. He was a member of GB's unbeatable team that won three successive European Team Championships (1957/58/59) and he became individual European Champion in 1962. Peth captained the British team at the Tokyo Olympics. Competing in the open division, he had Anton Geesink and Akio Kaminaga in his pool (the eventual finalists). He was the first GB Team Manager, served on the BJA technical board and represented the BJA at the EJU, was Welsh National Coach and awarded MBE (1977). He was a 9th *dan*. Alan Petherbridge died in 2020 aged 92.

Belinda Petty

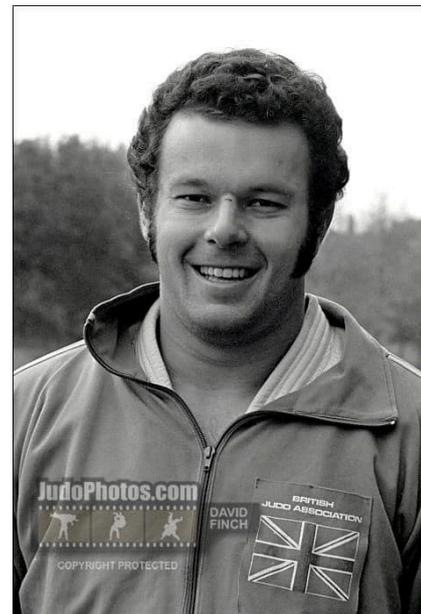


Belinda Petty

Belinda Petty started *judo* in the fifties and was chosen by Charles Palmer to take part in the first broadcast of *judo* on

TV. She went on to become a 5th *dan*, a coach, a Senior Examiner and most famously a referee. She was small in stature but huge in personality and was extremely strict in the *dojo*, with the highest standards one would have to meet, to pass a grading exam. She was an outstanding referee, but the rules stated that women were not allowed to referee men at the national level. Belinda tried hard to get this ruling changed and ultimately had to sue the BJA for sex discrimination in a three-year case which she won, grabbing national headlines, and making a real difference to today's *judo* landscape. All sporting women, not just judoka, should be grateful to her. Belinda died in 2020, aged 84.

Keith Remfrey



Keith Remfrey

Keith Remfrey gave up his career as a policeman to concentrate on *judo*, which he practised at The *Budokwai*. He was one of British *judo*'s stars during the era of the "golden" seventies, distinctive with his eternal smile, curly hair, and sideburns. He represented GBR in Freestyle and *Sambo* wrestling as well as *judo*, over many years. He won a bronze medal in the 1971 World Championships after beating All-Japan Champion Kaneo Iwatsuri with an *ippon* throw, and that same year he was a member of the GBR team the last time they won the European Teams. He won another World bronze in 1973, a year in which he also medalled at the Europeans. The year after that, 1974, he famously threw the USSR's reigning European Champion, Sergei Novikov, for *ippon* at the very last moment, to create a tie in the final of the European Team Championships in London (USSR took the title in a tie-break). Keith was a double Olympian and in 1976 in Montreal, he represented GBR in both the Heavyweight and Open divisions. He missed out on a place in the final and did not take a medal in the Heavyweight class. However, after an exciting final, Keith took the silver medal in the Open category being held down in the seventh minute by Japan's Haruki Uemura – the current President of the Ko-

dokan. After the Montreal Games he retired from competitive *judo*. Keith was a kind and humble man. He taught *judo* in his club at Ealing and apparently did not tell his students about his international successes. Keith died after a long illness in 2015, aged 67, He was an 8th *dan* – having been awarded this grade in 2001.

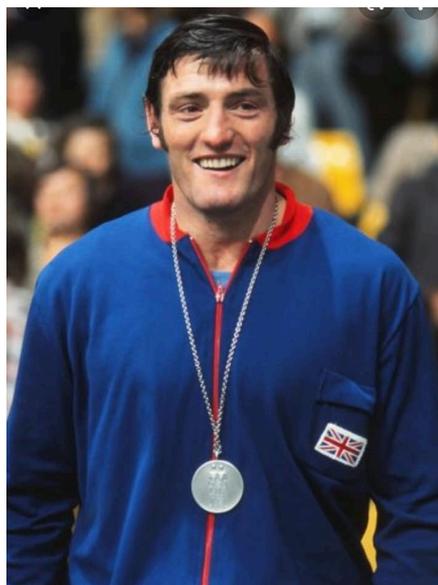
Margot Sathaye



Margot Sathaye

Margot Sathaye started *judo* at Croydon & District *Judo* Society when she was 13, and during this period, the mid-fifties, it would have been unlikely that she found many other girls to practice with. There is a report of her grading to brown belt (aged 15) in which she defeated eight adults. Margot was promoted to 1st *dan* at 16, at that time, the youngest female to reach this grade. She trained at The *Budokwai* and there are many references to how tough she was. Sadly, she missed out on the elite competition aspects of women's *judo*, which came later, as she would surely have won many accolades. Margot spent many years in Japan and would have been one of very few foreign women to study at the *Kodokan*. She assisted with the coaching of the Japanese women's team, and travelled widely to teach and train men, as well as women, with her expertise being sought across Japan. When she returned to Britain, she was an official coach to London Schools, taught in Sweden and America and returned to Croydon *Judo* Club to take classes there. For some time, she lived in Finland and taught there too. Margot was a true trailblazer for *judo* and is remembered fondly by everyone who knew her. She was awarded her *Kodokan* 7th *dan* in 1999 – making her the then, highest *Kodokan*-graded, non-Japanese, woman in the world. Margot died on 30 January 2000, aged 58.

David Starbrook



David Starbrook

David Starbrook started *judo* in 1964 at the age of 19 but within just four years he had started a medal collection which to this day remains enviable. He won multiple medals in British and Continental Opens, and in 1972 David was the first ever Olympic *judo* medallist for Britain, winning a silver in Munich. By that time, he was already a world medallist. He was part of GBR's fabulous team which took a gold in 1971 and bronzes in 1972 and 1973 at the European Team Championships. David was also a triple individual European Championship medallist and a double World Championship medallist. He won a second Olympic medal, taking a bronze in Montreal in 1976. After retiring from competitive *judo* he was half of a famous British coaching double act with Tony Macconnell and also coached and/or managed the Scottish, Egyptian and Hong Kong teams. Today David lives in France and his coaching skills are still sought after. He is an MBE and was presented with his IJF 9th *dan* in 2007. He will always be Britain's "Iron Man of Judo".

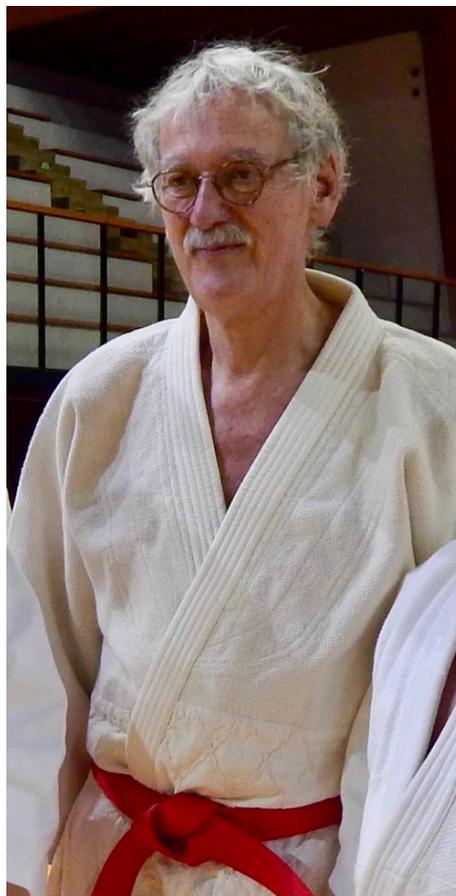
Tony Sweeney



Tony Sweeney

Tony Sweeney started doing *judo* in 1956 as a member of University of Bristol *Judo* Club. He went on to captain the University and later co-founded the British University *Judo* Association. Tony represented GBR at the 1964 Tokyo Olympics and the 1965 World Championship in Rio de Janeiro and was a triple European medallist (1963, 1964 and 1965). He was an Honorary National Coach and was an active IJF Referee for 23 years until 1990. Tony has been involved in the administration of British *Judo* since the 1950s, holding a variety of roles on national Refereeing, Selections and Technical/Coaching committees and he was on the British *Judo* Executive Committee. Today, Tony is a 9th *dan*, Vice President of the BJA, President of London Area and President of The *Budokwai*.

Jean-Luc Rougé promoted to IJF 10th *dan* Llyr Jones



Jean-Luc Rougé

The Kano Society congratulates 1975 (Vienna, Austria, - 93kg division, World Champion, Jean-Luc Rougé of France on his promotion to 10th *dan* by the International *Judo* Federation (IJF) – the promotion being announced on 13 December 2023. As well as an outstanding competitive *judo* career, Rougé has had a significant leadership role in *judo* sport administration and education. He was elected president of the French *Judo* Federation in 2005, and Secretary General of the IJF in 2011 – a post he held for c. 12 years.

Tall but powerful, Rouge's *tokui-waza* [favourite technique] was *harai-goshi*. His physique gave him the classic build for the throw, which he used in winning his 1975 World Championship title. He also wrote a comprehensive book on the technique as part of Ippon Books *Judo Masterclass Techniques* series. Therein he discussed his personal affinity for the throw, its history, techniques, combinations, defences, and counters, as well as its self-defence applications.

Rougé competed at the 1976 Summer Olympics (Montreal) and the 1980 Summer Olympics (Moscow) and was a four-time European Champion (1973, 1977, 1979, 1980).



Jean-Luc Rougé demonstrating techniques with Francois Fournier at the ACBB Judo Club, Boulogne-Billancourt, Paris France



Jean-Luc Rougé (FRA) attacking David Starbrook (GBR) with kani-basami [scissor throw] during the -93kg contest of the FRA vs. GBR team contest at the 1975 European Judo Championships, Lyon, France



Jean-Luc Rougé (FRA) throws Michinori Ishibashi (JPN) to win the the -93kg gold medal at the 1975 World Judo Championships, Vienna, Austria

All contest photographs – David Finch/Getty Images

Treading the Way: The Contribution of Judo Education to Life – Mike Callan’s Inaugural Professorial Lecture Llyr Jones

Following his promotion to (full) “Professor of Judo Education” at the University of Hertfordshire, Mike Callan delivered his inaugural professorial lecture on 22 November 2023. The editor of this *Bulletin* was privileged to be invited to attend the lecture, and the audience encompassed several respected academics alongside high-profile figures from the judo world – including triple World Champion (2011, 2013 and 2014) in the half lightweight (-66 kg) category, Masashi Ebinuma, plus British Judo Association Development Director, Karen Roberts, herself a 1999 World Championship bronze medallist and 1992 World Junior Champion.



Professor Mike Callan delivering his inaugural professorial lecture at the University of Hertfordshire on 22 November 2023

Entitled “*Treading the Way – The Contribution of Judo to Life*”, Professor Callan’s lecture was a homage to an address entitled “*The Contribution of Judo to Education*” given by judo founder Jigoro Kano at the University of Southern California (Los Angeles) in 1932. The inaugural lecture was structured into three metaphorically labelled parts “*Kuzushi*, *Tsukuri*, and *Kake*”, after the three fundamental building blocks of judo’s *Nage-waza* [Throwing techniques].

The first part, “*Kuzushi*”, covered Mike’s early years as a *judoka* and as a coach. The second part, “*Tsukuri*”, covered his current principal research interests – including the safeguarding of children and vulnerable adults, international coach education and development, and *ukemi* [judo break-falls] for older adults. The concluding third part, “*Kake*”, considered the importance of high-level judo education and research for evidence-based decision making, and the contribution of judo to life.

Mike elegantly wove *judo* founder, Jigoro Kano-shihan's emphasis on *judo* as an activity with education at its core, throughout his address, and selflessly highlighted the contribution of others to his own journey through *judo* as a competitor, as a coach and as an academic. Those highlighted included, but were not limited to, two deceased luminaries of British *judo* – Syd Hoare and Roy Inman, as well as Yasuhiro Yamashita and Nobuyuki Sato of Japan.

The lecture was followed by refreshments hosted by Dr Richard Southern, Dean of the School of Life and Medical Science

Points to Ponder

“By mastery of the fundamental wisdom of judo, and in turn, applying it to many pursuits in life, all people will be able to live their lives in a judicious manner. This is how one should undertake the study of judo that I founded.”
Jigoro Kano (1860-1938)

“If you have done nothing to help, maybe you are part of the problem.”
Brian Watson

“Life is not a matter of holding good cards, but of playing a poor hand well.”
Robert Louis Stevenson (1850-1894)

“It is dangerous to be right in matters about which the established authorities are wrong.”
Voltaire (1694-1778)

“A judoka does not train himself to fight, he fights to improve himself.”
Jigoro Kano (1860-1938)

“It's not enough to be just good at judo, be good at everything.”
Trevor Pryce Leggett (1914-2000)

“Great tasks are rarely achieved in a single day, One needs to toil and struggle all the way.”
Mahatma Gandhi (1869-1948)

“To fight bravely and lose is better than to win by illicit means.”
Jigoro Kano (1860-1938)

Judo Collections



The “Bowen Collection” at the University of Bath Library, contains the extensive *judo* archive amassed by *judoka* and scholar Richard Bowen during the course of individual research for his many books and publications.

Alongside the “Bowen Collection” is the personal book collection of Syd Hoare which includes many rare texts, some in the Japanese language, given to Syd by Trevor Leggett. As well as the books, there is a bound compendium of the educational articles and lectures written and delivered by Syd.

Also residing at Bath is the “Woodard (*Judo*) Collection” – a compilation of archival material relating to the history of women's *judo* assembled by Marion and Graham Woodard.

All these collections represent a wonderful resource for present and future *judo* researchers. They are for reference use only (not available for loan) and can be viewed between 0900 and 1700 hrs.

